

A Spiritual Retreat

*Overlooking the beautiful
Preseli Mountains in
Pembrokeshire*

Monday 27th February – Friday 2nd March 2012

Staying in 5* luxury accommodation

2 Full Day Workshops

2 Evening Workshops

1 Day pass into 5* Spa

Meditations morning and evening

Only £180 pp all inclusive

(Based on 2 sharing a room)

*For more information call Rosemary Griffiths from the Preseli School of Healing
On 07901 678158 / 01348 881269*